



Powerful Questions for Decision-Making!

A Self-Empowerment Workbook for coaches, teachers, & creatives (or their clients and students) as they search for clarity in the mindset their soul desires and the career mastery their career requires!

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 **Brave Heart**
OPEN MIND



Why Ask Powerful Questions for Decision-Making?

- ♥ Wouldn't it be amazing if you deeply understood how to make problem-solving easy or effortless?
- ♥ If you felt like a map-maker, fully able to shed light on the perfect path forward?
- ♥ If you knew exactly how to inspire the unconscious mind to taking real action?

Emphasizing strategy & resourcefulness not only opens people up to their own positivity & possibilities, it activates...



Inner, natural problem solving! (Your unconscious mind LOVES to solve problems for you!)

Reinforcement that strategy + problem solving are highly valued! And that is the foundation for a powerful habit that switches you from stuck to naturally active!

When you switch yourself from stuck to ACTIVE, you get to enjoy clarity and empowerment!



Your ANSWERS to these powerful questions show you your path forward ♥

Seeing your path invites empowerment in following it! Learning questions like “What do I already have to help me get there?” activates your innate skills, traits & abilities ♥



Deepen + Celebrate your Self-Empowerment with these Powerful Questions for Decision-Making!

Spend some thoughtful time here! It's so important to set your mental GPS as specifically as possible!

How do I feel now in relationship to my decision? And/Or how do I see myself now in relation to my decision?

What, specifically, is holding me back from making this decision? (Try adding more detail here by asking yourself: What feelings are holding me back? What visions do I see for myself that hold me back?)



Powerful Questions for Decision-Making!

How am I experiencing this decision as a problem? (What results am I seeing from staying stuck with this decision internally or externally?)

What's the worst thing that could result from this decision?

What's the likelihood of that actually happening? What specifically would I do to respond if it happened?



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If it didn't happen that way, what could happen instead?

If there were zero consequences for making this decision one way or another, what path would my heart follow?

What would happen if I don't make the decision that I truly desire to make?

What would happen if I do?



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What wouldn't happen if I do make the decision that I truly desire to make?

What emotion is motivating my final decision? And, perhaps on the flip side, which emotion do I wish were motivating my final decision?

What would it take for me to make my favorite decision happen in real life? (If I were to draw up an action plan, what steps would be on it?)