



Powerful Questions to Inspire Action!

A Self-Empowerment Workbook for coaches, teachers, & creatives (or their clients and students) as they search for clarity in the mindset their soul desires and the career mastery their career requires!

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 **Brave Heart**
OPEN MIND



Why Ask Powerful Questions to Inspire Action?

- ♥ Wouldn't it be amazing if you knew how to move yourself from stuck to action-taking without weeks of waffling or sitting in uncertainty or self-doubt?
- ♥ If you felt like a map-maker, fully able to shed light on the perfect path forward?
- ♥ If you knew exactly how to inspire the unconscious mind to take real action?

Emphasizing strategy & resourcefulness not only opens people up to their own positivity & possibilities, it awakens you to...



Working powerfully within the framework of your unconscious mind! Your unconscious mind LOVES to be efficient and follow "the path of least resistance," so having a specific and actionable plan seriously increases your opportunities for success!

When you switch yourself from stuck to ACTIVE, you get to enjoy momentum and empowerment!



Your ANSWERS to these powerful questions show you your path forward ♥

Seeing your path invites empowerment in following it! Learning questions like "What do I already have to help me get there?" activates your innate skills, traits & abilities





Deepen + Celebrate your Self-Empowerment with these Powerful Questions to Inspire Action!

What do you desire to achieve?

How will you know when you get it? (This question is SO underrated! It's so easy to keep moving the bar for success on ourselves without even realizing it! So get really & SUPER specific: What will you see when you've achieved it? What will you feel when you get it?)



Powerful Questions to Inspire Action!

Where are you now in relation to your achievement? (Spend some thoughtful time here! It's so important to set your mental GPS as specifically as possible!)

Imagine you've achieved it! (Heck yes!) What was the last thing you had to do right before you knew you'd achieved it? 😊

What skills or internal personality traits do I already have that will help me attain this?



Powerful Questions for Decision-Making!

What else had to happen before you saw the results of achieving it? (List everything you can think of!)



Powerful Questions for Decision-Making!

What order do these things have to happen in? (Start at your achievement & work backwards toward now).